

# Personal History

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City/State: \_\_\_\_\_  
Zip Code: \_\_\_\_\_  
Home Phone: \_\_\_\_\_

Date: \_\_\_\_\_  
E-Mail Address: \_\_\_\_\_  
Birth Date: \_\_\_\_\_  
Age: \_\_\_\_\_  
Sex: Male or Female \_\_\_\_\_

Employer: \_\_\_\_\_  
Referred by: \_\_\_\_\_

Type of Work: \_\_\_\_\_  
Name & Ages of Children: \_\_\_\_\_  
\_\_\_\_\_

## CURRENT HEALTH CONDITION

Unwanted Health Condition: \_\_\_\_\_

### CHECK ANY OF THE FOLLOWING YOU HAVE HAD THE PAST 6 MONTHS:

#### ENERGY LEVEL:

- You are overweight or out of condition.
- You have been told you have arthritis.
- You feel you are under the physical effects of stress
- You consume medications so you can "feel" better.
- You have been involved in one or more car accidents.

#### MUSCULO-SKELETAL:

- |   |   |
|---|---|
| <input type="checkbox"/> Low Back Pain        | <input type="checkbox"/> Pain Between Shoulders         |
| <input type="checkbox"/> Neck Pain            | <input type="checkbox"/> Arm Pain                       |
| <input type="checkbox"/> Joint/Pain Stiffness | <input type="checkbox"/> Difficult Chewing/Clicking Jaw |
| <input type="checkbox"/> Walking Problems     | <input type="checkbox"/> General Stiffness              |

#### NERVOUS SYSTEM:

- |   |   |
|---|---|
| <input type="checkbox"/> Nervous                  | <input type="checkbox"/> Chest Pain               |
| <input type="checkbox"/> Numbness                 | <input type="checkbox"/> Shortness of Breath      |
| <input type="checkbox"/> Paralysis                | <input type="checkbox"/> Blood Pressure Problems  |
| <input type="checkbox"/> Dizziness                | <input type="checkbox"/> Irregular Heartbeat      |
| <input type="checkbox"/> Forgetfulness            | <input type="checkbox"/> Heart Problems           |
| <input type="checkbox"/> Confusion/Depression     | <input type="checkbox"/> Lung Problems/Congestion |
| <input type="checkbox"/> Fainting                 | <input type="checkbox"/> Varicose Veins           |
| <input type="checkbox"/> Convulsions              | <input type="checkbox"/> Ankle Swelling           |
| <input type="checkbox"/> Cold/Tingling Exremities | <input type="checkbox"/> Stroke                   |
| <input type="checkbox"/> Stress                   |   |

#### GENERAL:

- |  |                                    |
|--|------------------------------------|
| <input type="checkbox"/> Fatigue       | <input type="checkbox"/> Fever     |
| <input type="checkbox"/> Allergies     | <input type="checkbox"/> Headaches |
| <input type="checkbox"/> Loss of Sleep |                                    |

#### FAMILY WITH SIMILAR PROBLEMS:

- |                                  |                                 |
|----------------------------------|---------------------------------|
| <input type="checkbox"/> Mother  | <input type="checkbox"/> Sister |
| <input type="checkbox"/> Father  | <input type="checkbox"/> Spouse |
| <input type="checkbox"/> Brother | <input type="checkbox"/> Child  |

## PAST HEALTH HISTORY

#### Please Check:

Major Surgery/Operations:  Appendectomy  Tonsillectomy  Gall Bladder  Hernia  Back Surgery  
 Other: \_\_\_\_\_  
Previous Chiropractic Care:  None  Doctor's Name & Approximate Date of Last Visit: \_\_\_\_\_

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_